

Carers Information and Support Programme

'CrISP'

Do you care for a person living with dementia and want to learn more?

Courses for 2015/16 being run in the following locations:-

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|------------------------------|------------------------|---------|
| • 14 th April | Storrington | CrISP 1 |
| • 29 th April | Rustington | CrISP 1 |
| • 23 rd June | Horsham | CrISP 2 |
| • September * | Midhurst | CrISP 1 |
| • 22 nd September | Crawley | CrISP 1 |
| • October * | Hassocks/ Burgess Hill | CrISP 2 |
| • November * | Shoreham | CrISP 2 |
| • February 2016 * | Southwick | CrISP 2 |

* Exact dates to be confirmed

The programme is made up of two elements:-

- CrISP 1 for when a dementia diagnosis is recent (6 sessions)
- CrISP 2 for when the condition is more progressed (4 sessions)

To enrol and for more information please contact:

01903 262666 (option 3)