

Keeping in touch:

The PPG will endeavour to keep in touch with Patients of the surgery in various ways, for example:

- Details of events organised by the PPG will be displayed on the practice notice board in the waiting rooms of the surgery, or ask at reception for more details.
- On the surgery website.
- Information will be circulated to members, preferably by email, to those who have given their email addresses or by post to others.
- Publishing a newsletter three times a year, with a shorter bulletin.
- Organise Public Health Meetings twice a year (or more often if necessary). These usually last for about an hour and a half. Reports of meetings will be available on the website and from the surgery.

Invitation to any adult patient.

Any adult patient is welcome to join the group. The PPG is conscious that the membership should reflect all ages and we are particularly keen to encourage those patients in the 18 to 30 range.

Are you willing to become a member of PPG, either by email or post, to be consulted occasionally about specific or health issues?

Our ideas for future work

- To collate useful information for patients to be kept and updated on the website.
- To invite speakers on health education issues occasionally.
- To think about ways to support patients who request social or practical support.
- To be a point of contact for other patients who would like to contribute to the practice.



Patient Participation Group





Name:

Address:

Postcode:

Email Address:

Telephone Number:

(In case we have a query)

Please return to Selsey Medical Practice when completed.

Following a meeting in the latter part of 2014, a number of patients were invited to form the Steering Group (SG) to coordinate the activities of the Patient Participation Group (PPG) of the Selsey Medical Practice. Including one GP and the Practice Manager, the SG is now firmly established.

We have adopted a flexible approach in the running of the group as this best serves the needs of the PPG, with one member appointed by the SG as chairman.

We are always willing to hear from patients who would be prepared to devote a little time to helping the PPG—either as a member of the SG, or with the organisation and running of the events, or have ideas for information sessions and events.

The aims of the PPG are:

- Firstly, and probably the most important, the PPG is NOT a channel for complaints. There is a system in place for dealing with any complaints you may have.
- To encourage a positive relationship between the patients and the surgery staff, both medical and administrative.
- To have a voice for the patients in the practice.
- To be realistic about what you can achieve and to look for small changes that can make a real difference.
- To work constructively and positively to help identify solutions and to work in partnership with the practice and other local organisations.
- Carrying out surveys and research to find out what matters to patients and discussing the findings with the practice.
- To encourage patients to engage in their own healthcare. To this end it would be wonderful if, in the future, the group felt able to continue:
 - > to organise information sessions on medical and related topics of interest to patients;
 - > to help with the organisation of self-help groups for patients.