

Selsey Medical Practice

YOUR FLU VACCINATIONS HAVE BEEN ORDERED



GET YOURSELF PROTECTED FROM FLU & SUPPORT YOUR LOCAL GP PRACTICE.

Selsey Medical Practice is gearing up for the flu season and we want your help.

Having your flu jab here helps to ensure we can continue to provide a broad range of NHS services to you.

Your vaccinations have been ordered and will be here by the end of September, clinics will be starting on Monday 25th September 17.

This year the practice will be using a quadrivalent flu vaccine which is designed to protect against four different flu viruses; two influenza A viruses and two influenza B viruses. In previous years patients have been given a trivalent vaccine.

For years, flu vaccines were designed to protect against three different flu viruses (trivalent). This included an influenza A H1N1 virus, an influenza A H3N2 virus and one B virus. Experts had to choose one B virus, even though there are two different lineages of B viruses that both circulate during most seasons. This meant the vaccine did not protect against the group of B viruses not included in the vaccine. Adding another B virus to the vaccine aims to give broader protection against circulating flu viruses.

Children under the age of 3 years will not be able to have the quadrivalent vaccine, they will be administered with the trivalent vaccine.

Flu vaccines that protect against four flu viruses are made in the same way as the flu vaccines that have been around for years that protect against three flu viruses. Studies have shown that vaccines made to protect against four flu viruses have a safety profile similar to seasonal flu vaccines made to protect against three viruses.

Flu vaccines cannot cause influenza illness because the vaccine viruses used to make it are 'inactivated' (killed) or attenuated (weakened).

If you see one of our nurses for your flu jab, we can also see if you are eligible for any of the other seasonal vaccinations— Pneumonia (age of 65 and over) and Shingles (if you are eligible) and give you these at the same time. Whilst you are in having your jab we can also check and see if there is anything else outstanding that we need to do for you and may be able to do them for you to save another visit.

The flu shot can give me the flu.

Vaccines are not proven to prevent the flu.

I should wait to get vaccinated so that I'm covered through the end of the season

It is better to get the flu than to get a flu vaccine



FLU

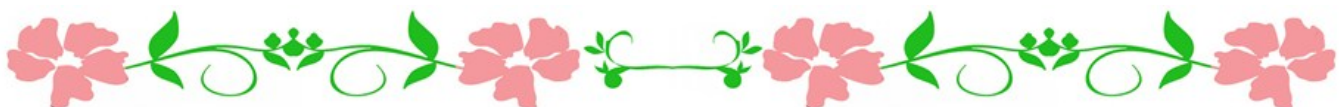


Flu viruses used in flu shots are inactivated so they cannot cause infection

If you get the flu vaccine you are about 60% less likely to need treatment for the flu

People should get a flu vaccination as soon as they are available because it takes about two weeks for antibodies to develop.

Getting the flu shot provides benefits such as the potential to reduce illness and prevent time lost from work





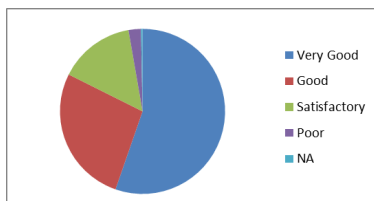
Patient Survey Results

Thank you to all our patients who took part in our survey this year. We had over 300 responses and the winner of the prize drawer was John Faldo.

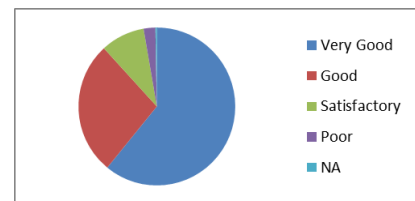
Your feedback is important to us and it's great to see that for the most part we are providing a good service for our patients despite the pressures on the health sector as a whole. We know we have work to do, especially with our appointment system – 85% of the respondents to this survey said it was important to be able to pre-book an appointment.

We are reviewing the results of the survey in September with our patient group, full results of the survey and our plan will be available on the website by the end of September.

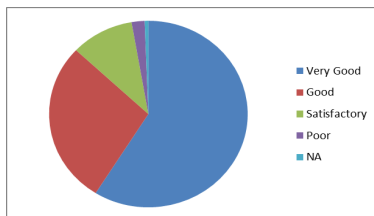
94% of our patients felt they were given enough time by their GP



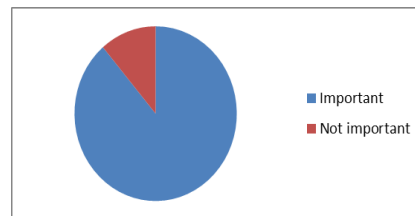
98% of our patients felt that their GP listened to them



96% felt they were treated with care and concern



85% of our patients felt it was important to be able to pre book appointments



Appointments

In July 2017 we held 6051 appointments in the practice.

2959 appointment's with GPs

853 appointment with Practice Nurses

376 with Paramedic Practitioners

534 appointments with Nurse Prescribers

1319 appointments with Health Care Assistants and Phlebotomists (including 938 blood tests)

July wasted appointments—196 appointments equating to 47.5 hours

Thank you to our patients who have used the dedicated appointment cancellation option—in July the number of people who did not attend for their appointment reduced by 27% compared to June.



Latest News

Unfortunately we said goodbye to Dr Hayley Jamieson this month as she left the practice to relocate back to the Isle of Man. Hayley was a great asset to the surgery and we were sad to see her go.

We are excited to welcome two new Salaried GPs: Dr Jaspal Roopra who has been with us for a while as a Registrar and has joined us permanently .

Dr Daryl Subramaniam who has joined us from the Witterings.

We also have two new trainees who started with us in August, Dr Mohan Babu and Dr Nazar Ahmed.



We are closed for training on
Tuesday 10th October
Wednesday 22nd November
See the website for further details



The Friends Of Selsey Medical Centre

We lucky to be supported by this dedicated group of volunteers. They provide improved facilities and equipment at Selsey Medical Centre over and above that which is provided by the NHS, for the benefit of all our patients. Their contact details and future fundraising events are all detailed on their notice board in the entrance hall of the medical centre.



Patient Participation Group

We are always pleased to welcome new members. If you are interested in helping to shape the services provided by your practice, have an idea comment or suggestion, then please get in touch with us. You can either pick up a PPG leaflet from the practice or leave a message for us at reception. Alternatively you can email the Chair—Bev Tinson directly at bev.tinson@btinternet.com

