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Date:

Dear Parent or Guardian,

You have recently indicated that you would like a referral to CAMHS (Child and Adolescent Mental Health Service) so that your child /the child in your care can be assessed for ADHD.

We have taken advice from CAMHS and they agree that unless the child has significant medical issues the school is best placed to make this referral.

CAMHS needs specific information about your child's behavioural problems, educational needs and which behavioural approaches have been tried. As the school observes and teaches your child day to day, they are able supply this information.

We recommend you speak directly to the school and if it helps, you can show them this letter.

The most appropriate person at the school to make the referral is the Special Educational Needs Co-ordinator (SENCo). They will gather the appropriate information from your child's teachers; they also understand the referral process, know the correct referral form to use and exactly what it is that CAMHS needs to know. They are therefore more likely to have a referral accepted.

CAMHS will then consider the information and arrange an appointment for a formal assessment if they agree it is going to be helpful for your child.

Unfortunately, in the past, we have found that our GP referrals have often been rejected as we don't have access to the vital information required.

Best wishes,

Selsey Medical Practice

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